



# center for INTERNATIONAL education

## Spring 2023 New International Student Orientation (F-1 and J-1 Students)

**Friday, January 13**  
**Mercy Hall, Room 301**

- 9:00 a.m.      Welcome, Student Introductions, Overview of Orientation  
(Mariette Thomas, Dittmar Dittrich)
- 10:00            **Getting Started at Loyola** (Em Duhé)  
(*Calendars, Meal Plans, On-Campus Involvement, Health Insurance*)
- 10:45            *Break*
- 11:00            **SEVIS & Immigration: How Do I Stay in Status?** (Dittmar Dittrich)  
(*Immigration plus SSN, Banks, Driver's License*)
- Noon             **Campus Tour** (*Orientation Leaders*)
- 1:00 p.m.       **Lunch:** At the Orleans Room, Danna Center (Orientation Leaders)
- 2:00             **Health and Counseling Services** (Laura Dickinson, LMSW *Staff Counselor, Case Manager – Student Health Services*)
- 2:30             **Adjusting to Life in the U.S.** (Mariette Thomas)
- 3:15             **Out & About in New Orleans** (Jessica Haley)  
(*Transportation, Shopping, New Orleans Cuisine, Cultural Events*)
- 4:00             **The Inside Scoop Student Panel** (Alexandra Graindorge-Alday)  
'What I Wish Someone Had Told Me My First Year at Loyola'  
*Get advice from current Loyola students!*
- 4:30             Q & A, Wrap-up, Completing of Evaluation Forms  
**Connect-International:** Welcome Baskets and Events Schedule

*The full Wolfpack Welcome schedule and Student Resource Guide are available on the Guidebook app:  
<https://guidebook.com/space/loyno/> "Loyola University New Orleans Wolf Pack Welcome"*